

Feeding Communities in a Crisis:

Weaving together our efforts for food security, community resilience, and decarbonization

LEADING ENVIRONMENTAL ACTION ON THE CA CENTRAL COAST SINCE 1970



Intersecting Issues

O1 GREENHOUSE GAS EMISSIONS FROM THE TRANSPORTATION OF FOOD

02 INSUFFICIENT LOCAL FOOD SYSTEMS IN PREDOMINANTLY AGRICULTURAL AREAS

LACK OF FOOD SYSTEM RESILIENCY IN THE CASE OF A NATURAL DISASTER

04 INADEQUATE COLLABORATION & NETWORK BUILDING TO FEED COMMUNITIES IN A CRISIS



The Main Themes

- Advancing a communities' climate action, food access, & resilience goals with sustainable food management programs
- Decarbonizing food systems with solutions that improve food access and community resilience
- Acknowledging tensions between GHG emissions reductions, resilience, and food access benefits



The Goal

Spark a larger conversation that will lead to:

- Collaboration
- Innovation
- Greater community benefits
- Increased food security
- Decreased food waste
- Enhanced food system resilience during disaster events
- GHG emission reductions
- Education & workforce development

The Panel

Moderator

Cristina Czochanski



Food & Energy Associate, Community Environmental Council

Speaker

Jonathan Tan



Co-Founder, Ratio Institute

Speaker

Shelby Wild



Founder and Executive Director, Route One Farmers Market

Speaker

Monica White



Advisory Board Member, Abound Food Care



Food Retail & Sustainability







About Ratio Institute

Ratio Institute is an independent, non-profit organization dedicated to accelerating measurable sustainability and success in food retail through expert collaboration, industry resources, and practical tools.

We have worked with over 1,000 grocery stores and 20 grocery chains to create store-level and regional sustainability solutions that reduce costs, shift internal cultures, and improve overall performance.

We believe food retail is uniquely positioned to make a positive impact, and that's why we've made it our mission to leverage the power of the industry's collective expertise and influence.

Together, we can lead the way to a more sustainable, and more viable, future for everyone.

Ratio Institute is a project of Ecology Action.





Our Team

Peter Cooke

Peter comes to Ratio Institute with over 20 years of experience developing sustainability programs, including starting one of the nation's first green hotel programs. That success led Peter to develop a similar program for Hannaford, New England's largest grocery chain. Later, at Manomet, a sustainability non-profit, Peter founded the Grocery Stewardship Certification (GSC) Program in 2012.



Jonathan Tan

Jonathan brings to Ratio Institute more than 20 years of experience as an entrepreneur and a business executive for both Fortune 500 and privately held companies. His career began with driving energy efficiency at food manufacturing and food packaging plants. He transitioned to energy-efficiency work at food retail outlets in the early 2000's, focusing on refrigeration, HVAC, and lighting.



Courtney Dragiff

Courtney joins Ratio Institute with over a decade of experience in land conservation and water management. After receiving an M.S. in International Sustainable Development and Climate Change, she helped develop Ratio's suite of ESG reporting tools. She now focuses on circular economies and operational efficiency within the food retail industry.







Our Mission

To accelerate viability and measurable sustainability in food retail through expert collaboration, industry resources, and practical tools.

Our Resources









Agribusiness 404: Retail Management



Setting the Stage

Jonathan Tan from Ratio Institute presented to Dr. Ricky Volpe's class on the business case for sustainability in food retail and explained the methodology of the Sustainable Food Retail Certification.



In-store Student Training

Students walked a store with Ratio Institute to learn how to complete the Certification and identify certain types of hardware.



Independent Student Visits

Student groups, organized by Dr. Volpe, visited 6 San Luis Obispo locations.



Final Report for Retailers

Each student group compiled a summary report for the retailer their group visited. This included the current and potential value of sustainability opportunities at the store.



Nexus of Sustainability

- ✓ 10% of US Retail GDP
- ✓ 25% of all retail jobs (~11 million)
- ✓ Industry Net Income ~1.58%
- ✓ Largest supply chain of all industries
- ✓ Most visited





Nexus of Sustainability

- ✓ Energy: Largest commercial building energy use
- ✓ Refrigerants: Largest commercial producer of fugitive GHG emissions
- ✓ Food Waste: Half of food produced lost or wasted before purchase
- ✔ Plastics: Largest source of single use plastic packaging
- ✓ Transport Emissions: 20% of global emissions transporting food





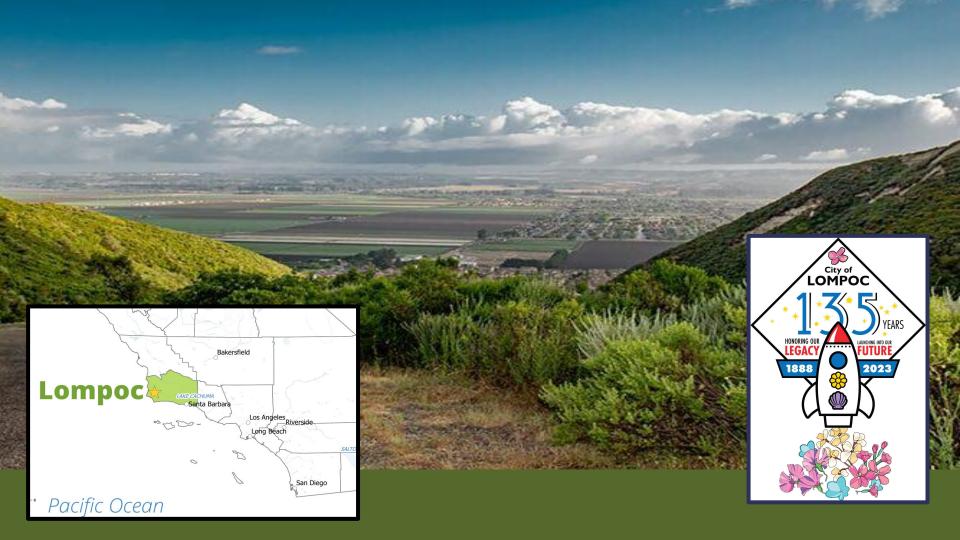
ROUTE ONE FARMERS MARKET

Local Food as a Solution





March 2023







 Over 90% of the food grown in Santa Barbara Co is shipped outside

Food transport

 accounts for 20%
 of ALL CARBON
 emissions in the
 Global Food System



Our Region In a Crises

Limited local food system leads to:

- Freeway closures halt deliveries
 - Empty Store Shelves
- Food abandoned in fields
 - Farmers loose revenue







Farmers Markets as A Solution





Economic and Environmental Impacts

• \$100 million in federal nutrition benefits redeemed in 2021

Route One has facilitated the sale of \$1,000,000 in local goods
 and redeemed over \$40,000 in Government Incentives in Lompoc

• 78% of farms sold food within a 100-mile radius of the farm.

Farmers markets lead to the adoption of more sustainable farming practices

...But not always THE Solution

Major Barriers to Shopping at Markets Include:

- Transportation
- Languages served
- Limited Hours
- 'Who is Invited'
- Fear of Incentives not accepted
- Assumption of 'Cash Only'

With intention, we can break down many barriers, but some remain...



Mobile Markets, Breaking Down Barriers and Expanding our Ability to Serve Community

Ability to adapt to changing needs/in times of emergency

The Ca Mobile Market Coalition defines a mobile farmers' market as an essential and equitable solution to food access. Although the Coalition understands that all communities have unique needs, the main components of a mobile market program include supporting the local food economy by purchasing from local farmers using sustainable practices and prioritizing the food preferences of the community whenever possible. Mobile farmers' markets operate with the goal to serve areas that otherwise don't have access to locally-grown, nutritious food.







MOBILE MARKET **SCHEDULE**



SPRING 2023

COME FIND US AT THESE **LOCATIONS!**



Mondays, 1:00pm to 3:00pm

Santa Barbara County Public Health: Lompoc Health Care Center 301 North R St. Lompoc, CA 93436

Tuesdays, 12:00pm to 1:30pm Lompoc Valley Medical Center

Tuesdays, 4:00pm to 6:00pm Lompoc High School

Main Parking Lot 515 W College Ave, Lompoc, CA 93436 Thursdays, 10:00am to 12:00pm

Santa Barbara County Public Health: Lompoc Health Care Center 301 North R St. Lompoc, CA 93436

Thursdays, 2:00pm to 5:00pm

Mission Hills Shopping Center Ocean Ave & 7th St, Lompoc CA 93436 Burton Mesa Blvd & Rucker Rd, Mission Hills, CA 93436

Fridays, 5:00pm to 8:00pm

Food Truck Fridays Sissy's Parking Lot 112 South I St, Lompoc, CA 93436

FRESH FRUITS & VEGETABLES DIRECT FROM LOMPOC AREA FARMS

For more information, please visit www.routeonefarmersmarket.org/mobile-market or follow us on Instagram @route1farmersmarket







Shelby Wild
Executive Director
Route One Farmers Market
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Feeding
Communities in a
Crisis

The power of collaboration

Private Industry



Public sector

Non-profit organizations



1 in 9

Americans are food insecure

Source: United States Department of Agriculture

30-40%

of all food produced ends up in being wasted

Source: United States Department of Agriculture



The impact of food waste



119 billion pounds of food is wasted every year



\$408 Billion worth of food Is thrown away every year



Enough water and energy to supply more than 50 million homes



Greenhouse gas emissions of more than 42 coal-fired power plants



170 million metric tons of carbon dioxide equivalent greenhouse gas emissions

Source: United States Environmental Protection Agency
United States Department of Agriculture

Social Determinants of Health

Socioeconomic Factors











Education

40%

10%

30%

Job Status

Family Social Support

Income

Community Safety

Physical Enviroment



Health Behaviors







Excercise





Alcohol Use

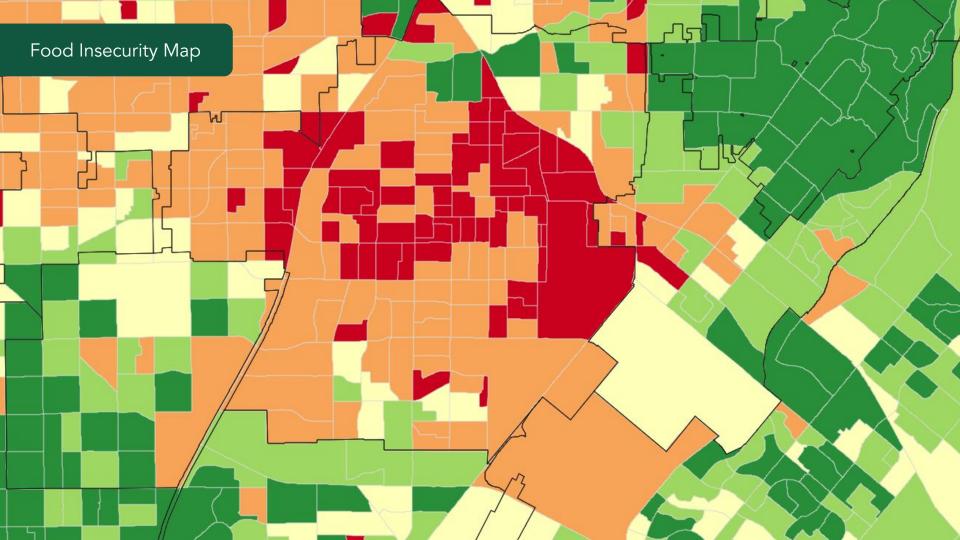
Sexual Activity

Health Care



Access to Care Quality of Care









A new model: Emergency Meal Programs



Food Recovery



Repurposing Kitchens



Ready-to-Eat Meals



Cold Storage Unit



Feed In Crisis









Food is the Hub of Health









Building Thriving Communities







Key Takeaways

1



During an emergency, food insecurity goes up, creating a need for nutritious meals 2



Emergency Meal Programs not only feed the community, but significantly reduce food waste 3



Unique tools such as
Solar Powered
Refrigeration Units
and Repurposing
Kitchens are used to
enable regional
programs

Join the Food Care movement

Scan me!



657.335.4480

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@aboundfoodcare



Business Case for Operational Sustainability

Cost Saving Potential

Every \$1 saved with energy efficiency is equal to \$18 in revenue.*

\$1

Energy Efficiency

Operating Costs

- Electricity
- Maintenance
- Labor
- Rent
- Water
- Advertising
- Etc.



\$18

Revenue

- Sales
- Recycling
- Efficiency







There is an opportunity for increased market share by having an ESG proposition.

What is your view on the value it can bring and how to communicate this?

Value of Sustainability and Resiliency











Assessment to Certification

Store Leaders trained on operational sustainability

Systemized approach to operational sustainability

- Identify areas to save money opportunities to reduce impact
- Enterprise Report highlighting financial benefits of efficiency

Ongoing implementationsupport at rzptsupport@ratioinstitute.org





